



WALKING GROUPS

MONDAYS & FRIDAYS

9th January - 3rd March

START 07:00 PM

**MARION CENTRE CAR PARK
RATHDOWNEY**

Contact Helen on 089 408 1693

TUESDAY & THURSDAY

Starting 10th January

START 07:00 PM

**MOUNTRATH GAA PITCH
MOUNTRATH**

TUESDAY & THURSDAY

Starting 10th January

Free Couch to 5k programme!

START 07:30 PM

**STRADBALLY GAA TRACK
BILL DELANEY PARK**

For More Groups, Click the Link Below

[HTTPS://WWW.GETIRELANDWALKING.IE/FINDGROUP/#MAP_CANVAS](https://www.getirelandwalking.ie/findgroup/#map_canvas)